Jose R. Perez, D.M.D., M.S.

PROFILE

Highly skilled **periodontist, restorative, and implant dentist** with excellent bedside manners and a compassionate attitude. Experience in military and multidisciplinary care, including comprehensive-dental-treatment planning, full-arch-implant-supported restorations (All-on-X), implant-supported overdentures, periodontal and aesthetic gum surgery, advanced-dental-implant therapy, tooth-supported fixed and removable restorative work, full-mouth and third molar extractions, and sedation. Extensive teaching and lecturing experience. Ample scientific-clinical-research knowledge and published author in scientific-peer-reviewed journals. A proven leader and program manager.

PROFESSIONAL EXPERIENCE

• Private Practice in *Periodontics, Advanced Dental Implants, and Restorative Dentistry.*

Sept 2019-Present

• United States Navy Dental Corps—refer to the MILITARY EXPERIENCE section below.

January 2011-July 2019

• Nova Southeastern University, Fort Lauderdale, FL

May 2005-December 2010

Assistant Professor, Department of Periodontology

- o Taught and mentored periodontal specialty residents in complex diagnostic and treatment planning skills.
- Private Practice in Comprehensive Dentistry and Periodontics

January 2004-December 2010

- o Provided comprehensive dental, periodontal, and dental implant services to the general population.
- Periodontal Specialty Resident and Clinical Researcher, Boston University, Boston, MA

September 2000-September 2004

- o Treated complex-dental-needs patients with an interdisciplinary care approach.
- o Conducted clinical research and evaluated periodontal parameters associated with the diagnosis and implementation of Crown Lengthening Surgery. Data led to landmark scientific-journal publications.

• Private Practice in General Dentistry

Aug 1990-July 2000

EDUCATION

• Tactical Combat Casualty Care

United States Navy US Department of Defense 2015-2018

• Advanced Cardiac Life Support (ACLS)

2014-Present

• Impacted Third Molar Extraction—Advanced Surgical Techniques

Military Instruction—Marine Corps Base Camp Pendleton Koerner Center for Surgical Instruction May 2015; 2020

• All-on-X Advanced Surgical Techniques

Fixed Full Arch Cadaver Course, Dallas, Texas January 2020

• All-on-X Prosthetics

Smart Denture Conversion, Raleigh, NC May 2022

• Zest Masters Overdentures

Zest Dental Solutions Clinical Training, Chicago, IL August 2022

• Dental Implant, Periodontal, Restorative Continuing Education

Two thousand Continuing Education Hours Sept 2010-June 2025

• OSAP Dental Infection Control Boot CampTM 2016

Organization for Safety, Asepsis, and Prevention (OSAP), San Diego, CA October 2016

• Master's Course in GBR and Sinus Lift Procedures

School of Dental Medicine, Bern, Switzerland November 2008

Master of Science in Periodontology—Clinical Research in Crown Lengthening Surgery

Boston University, Goldman School of Dental Medicine, Boston, MA Sept 2002-Sept 2004

• Advanced Graduate Studies in Periodontology—Postdoctoral Resident, Department of Periodontology and Oral Biology

Boston University, Goldman School of Dental Medicine, Boston, MA Sept 2000-Sept 2003

• **Doctor of Medicine in Dentistry**

University of Puerto Rico School of Dentistry, San Juan, PR Sept 1986-Dec 1990

• Bachelor of Science with a Major in Biology, Cum Laude

Inter American University at San German, PR Aug 1982-May 1986

LICENSURE

State of Florida License No. DN 17008 (Active) February 2004

Commonwealth of Massachusetts License No. 20702 (Inactive) September 2002

Commonwealth of Puerto Rico License No. 1909 (Inactive) May 1991

AFFILIATIONS

- Academy of Osseointegration
- American Academy of Orofacial Pain
- American Academy of Periodontology
- American Dental Association

AWARDS AND HONORS

- 2017: Fleet Marine Force Warfare Officer Insignia
- 2016- 2018: Navy and Marine Corps Overseas Service Ribbon
- 2011-2017: CO Letters of Appreciation for Outstanding Physical Readiness Tests.
- 2015: Commanding Officer Certificate of Commendation
- 2013: Navy Achievement Medal
- 1986: B.S., Cum Laude, Inter-American University
- 1985-1986: Dean's Honors List, Inter-American University
- 1984: Biological Honors Society, Inter-American University
- 1982: Honors Program, Inter-American University
- 1979: Barefoot Water Ski Competition First Place, P.R. Water Ski Association

PRESENTATIONS

Periodontal Specialty DOD Classification Calibration Training--1rst Dental Battalion, Camp Pendleton, CA; 3rd Dental Battalion/Naval Dental Center, Okinawa, Japan. 2013-2016

Dental Implant Scenarios: Key Elements for Success—Great Lakes Naval Station, Great Lakes, IL; 1rst Dental Battalion, Camp Pendleton, CA; 3rd Dental Battalion/Naval Dental Center, Okinawa, Japan. Ceola-Helo Dental Association, Miami, FL 2013-2016, 2022

Crown Lengthening, Biologic Width, and Sulcus Violation—Great Lakes Naval Station, Great Lakes, IL; 1rst Dental Battalion, Camp Pendleton, CA; 3rd Dental Battalion/Naval Dental Center, Okinawa, Japan. 2012-2016

Determining the Restorability of Broken Down, Severely Decayed, and Previously Treated Endodontically Involved Teeth—Great Lakes Naval Station, Great Lakes, IL; 1rst Dental Battalion, Camp Pendleton, CA; Naval Base San Diego, San Diego, CA; 3rd Dental Battalion/Naval Dental Center, Okinawa, Japan. 2011-2016

The Biological and Morphological Basis for Crown Lengthening Surgery, Tri-School Symposium, Philadelphia, PA. 2004

PUBLICATIONS

Perez JR. Whole Perspective on the Prosthetic Rehabilitation of Teeth: Crown Lengthening Surgery, Biologic Width, and the Restorative Finish Line. Part I—Analysis and Overview of Current Concepts. Part II—Assessing the Restorability of Teeth and Determining the Need for Crown Lengthening Surgery; Part III—Surgical Planning and Guiding Principles; Part

IV—Surgical Protocol: Functional and Aesthetic Results; Part V—Current Dental Materials and their Effect on the Periodontium; 2023, in progress.

Perez JR, Smukler H, Nunn ME. Clinical Dimensions of the Supra-Osseous Gingivae in the Healthy Periodontium. *J Periodontol*, 2008; 79: 2267-2272

Perez JR, Smukler H, Nunn ME. Clinical Evaluation of the Supra-Osseous Gingivae Before and After Crown Lengthening. *J Periodontol*, 2007; 78: 1023-1030

Perez JR. Clinical Evaluation of the Supra-Osseous Gingivae Before and After Crown Lengthening. [Thesis]. Boston, MA: Boston University; 2005. 69 p.

MILITARY EXPERIENCE—UNITED STATES NAVY DENTAL CORPS

- Periodontics Department Head January 2011- July 2019
 - o Planned, directed, and delivered high-quality periodontal and multidisciplinary-comprehensive-dental care in support of 118 general dentists and specialists.
 - o Mentored Junior Officers in complex-multispecialty diagnosis and periodontal specialty procedures.
 - o Led a group of 25 hygienists in achieving institutional goals—increasing productivity, treatment-codification uniformity, and the assurance of high-quality care.
- Fleet Marine Force Warfare Officer (FMFWO) Program Manager June 2018-June 2019
 - o Administered the 3rd Marine Logistics Group FMFWO Program for the 3rd Dental Battalion. Created and maintained a culture of excellence and proficiency in the Marine Corps (MC) operations.
 - o With a team of MC experts, educated qualifying dental officers in MC warfighting philosophy. Activities included intense-field exercises, which increased participants' appreciation of our Nation's military force.
- Dental Continuing Education Provider January 2011-August 2019
 - o Driving force in the clinicians' professional development and quality of care. Critical in providing dental-licensure requirements: presented over 800 hours of continuing education.
- Command Infection Prevention and Control Officer June 2016-July 2018

- o Masterfully implemented and monitored the Infection Prevention and Control (IPC) Program for nine dental clinics and 350 personnel based on Joint Commission, CDC, and AAMI Standards.
- o Trained and qualified 24 Sterilization Processing Departments' Technicians and 18 Branch Dental Clinic IPC Officers in instrument decontamination and sterilization assurance processes. Implemented protocols followed AAMI ST 79 and AAMI ST 40--for steam and dry heat sterilization, respectively.
- o Efforts achieved and maintained a Highly Reliable Organization status for the 3rd Dental Battalion for two years in a row with an excellent record of proficiency.
- Staff Periodontist--Advanced Education in General Dentistry Training Program September 2011-June 2013
 - o Mentored and trained general dentists in comprehensive treatment planning and advanced periodontal techniques. Compassionate care inspired three dentists to pursue dental specialty training.
 - o Certified professional credentials to allow dentists to practice in the US Navy, contributing to 100% operational readiness.

ACTIVITIES & INTERESTS

Leadership and management, advanced-dental-implant and restorative practice, personal and professional growth, public speaking, teaching, reading, cardiovascular and weight training, inline-roller skating, and martial arts.